

Elizabeth Lugg

Elizabeth is a family practitioner with nearly 30 years experience in family work. Elizabeth accepts instructions in the full range of public law work, including Care and DOLS cases. She has developed a keen interest in FII cases, non-accidental injury, including head injury, especially in cases where there is an allegation of a shaken baby. Other cases have involved sexual abuse, non-accidental injury, serious neglect and emotionally harmful behaviours.



Elizabeth has been consistently ranked in the LAA as a Leading Junior, most recently in the 2024 publication.

Whilst having a natural affinity to representing family members, Elizabeth is regularly instructed to represent local authorities, interveners and Guardians.

Elizabeth also accepts instruction in complex private law cases mainly involving removal from the jurisdiction (appearing **F (Children) [2010] EWCA Civ 1428)** and allegations of 'parental alienation'.

Elizabeth has a reputation as a tenacious barrister who does not demur from a fight. She does however enjoy sharing humour with clients although her court approach is highly focussed and thorough. She is approachable and empathetic and always well prepared. She is highly respected by colleagues and the iudiciary.

As both a mum and a step-mum, Elizabeth brings her cases a first- hand knowledge of the challenges of parenting birth and non-birth children. She is pragmatic and will always seek out practical solutions to the vast range of family problems that are presented within her family law work. Elizabeth has appeared in the following noteworthy reported cases: Council of North Tyneside v S & Ors [20007] EWHC 393(Fam), X (Factitious Disorder) [2021] EWFC 46.

Elizabeth is a qualified arbitrator for children work.

YEAR OF CALL

1994

APPOINTMENTS

Secretary of FLBA North East North Eastern Circuit

AREAS OF PRACTICE

FAMILY

Divorce & Domestic Violence Public & Private Law – Children





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Recommendations and client feedback

The Legal 500 2026

'Elizabeth is a very experienced barrister who is great to work alongside.'

The Legal 500 2025

'She is a formidable advocate, fearless and exercises good judgement.'

The Legal 500 2023 & 2024

'A formidable advocate who is fearless in progressing a client's case. She provides down to earth, nonnesense advice, is tenacious and builds good rapport with even the most difficult clients.'

The Legal 500 2021/2022

'Liz is a tenacious, no nonsense barrister. She is also fearless and will do all she can to advance a client's case. She is extremely good with vulnerable and/or challenging parents. She is frank in sharing strengths and weaknesses in a case during conference with client and will set out expectations to lay client.'