

## Welcome

TO OUR 5TH ADVENTURE DAY



LUNCH will be served between 11.30am and 1.30pm - Please go for food at a time of your choice. Welcome everyone and we hope you all have a great day. We have many new families this year as well as those of you we know well. Team LimbBo is like a huge family and we hope you all make lots of new friends today. This page is just some tips for getting the best out of your day and for keeping everyone safe. If you have any questions or you need first aid just find trustee/ambassador or a volunteer.





Tickets for Creature Ark
will have a TIME on them.
Please stick to your
allotted time



Just a reminder that there will be a photographer, videographer, Tv Crew and possibly Podcast interveiwers around

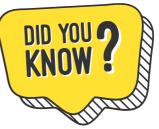




Don't miss out on our sport races at the end of the day - we even get the grown ups running! Medals will be awarded after this.







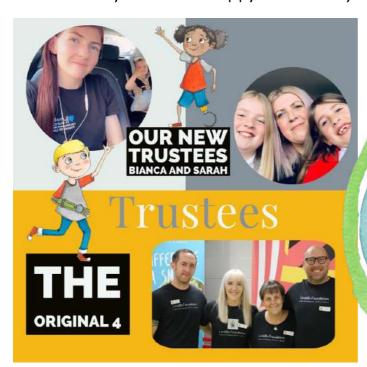
As we have many new families this year we thought that it would be a good time to share what we do.

We do not have any paid staff at LimbBo – everything is run completely by volunteers who give up their time and expertise to make this work.

We have 6 trustees: Adam and Katie (Co founders) Jane and Woody (the original trustees) Sarah and Bianca (joined us in 2021).

We are all wearing white lanyards today with our names printed on the front - please say hello or find one of us if you have any questions.

We also have several ambassadors who have a wide variety of roles within LimbBo – they will all be happy to chat to you about their roles.



A huge thank you
to all of our
supporters and
volunteers - we
could not do this
without you.
#TeamLimbBo
xx









Supporting our limb different children and their families is our main aim. We have online groups where parents can chat in a safe environment as well as asking questions that other parents can answer.

What does LimbBo Do?

## SUPPORT FOR PARENTS

This is key as many of our parents feel isolated and have worries when they first learn about their child. New parent packs, booklets in maternity units and signposting how they can meet other parents is proving beneficial

PRODUCING 3D PRINTED ADAPTATIONS OURSELVES



We have designed and printed 3D bike adaptations which have been distributed worldwide.

## RAISING AWARENESS OF LIMB DIFFERENCE

Many people have never met a limb different child and do not know how to react when they do. By raising awareness via school assemblies, lessons, talks to societies, social media... we hope to rectify any misconceptions people have around limb difference





By working together with Universities our children can have a say in what devices are being created for their future. By working in conjunction with other charities we can share ideas and support each other.





We currently have a

Summer meet up and a

Christmas party - these

are growing every year.

To be able to make

friends, play with others

'like you' and have the

freedom to be relaxed

with 'no one staring' is

amazing. Life long

friendship made and unconditional support

experienced

LimbBo Christmas Party

17th December!



We do have mini meet ups
- such as climbing, Stem
and outdoor sculpture
building. If you are
interested in organising a
meet up in your area we
can support you, just find
a trustee or ambassador
and have a chat.



This will be awarded to a child who has achieved great things throughout the year and has been a role model for other limb different children.

This award is given in memory of a very close friend of Adam's. They were in bands together in their younger days and later down the line Glen set up a successful marketing business. He was literally one of the first people to support limbBo, saying "I've got this, whatever you need we will make it happen". He helped with the website, made us thousands of flyers, made posters, banners, did all our adventure day videos and everything we needed; he refused a single penny in payment. He saw the vision and did anything for us out of kindness. We sadly lost Glen in 2021, he was the same age as Adam and has left a young family behind so it hits close to home not only because he was a friend. 'He was the kindest person I've ever met and we wanted an award in his name that reflected his kindness to others, determination, success and ambition. The 2023 award in Glen's name will be awarded today' ADAM x

