DERE STREET BARRISTERS

Elizabeth Lugg



Elizabeth is a family practitioner with over 30 years experience in family work. Elizabeth accepts instructions in the full range of public law work, including care and DOLS cases. She has developed a keen interest in FII cases and non-accidental injury including complex medical cases. Other cases have involved sexual abuse, serious neglect and emotionally harmful behaviours. Elizabeth represents Local Authorities parents and children.

Elizabeth has been consistently ranked in the LAA as a Leading Junior, most recently in the 2026 publication.

Elizabeth also accepts instruction in complex private law cases mainly involving removal from the jurisdiction (appearing F (Children) [2010] EWCA Civ 1428) and cases involving allegations of parental alienation.

Elizabeth is a qualified child arbitrator and intends to develop this area of practice in the future. She has been appointed a Recorder in family work.

Elizabeth has a reputation as a tenacious barrister who does not demur from a fight. She is approachable and empathetic and always well prepared. She is highly respected by colleagues and the judiciary.

Having been both mum and a step-mum, Elizabeth brings to her cases a first- hand knowledge of the challenges of parenting birth and non-birth children. She is pragmatic and will always seek out practical solutions to the vast range of family problems that are presented within her family law work, where she seeks to improve the experience of clients, professionals and of course the subject children in the local family justice system.

YEAR OF CALL

1994

APPOINTMENTS

Secretary of FLBA North East North Eastern Circuit

Recorder (Family)

AREAS OF PRACTICE

FAMILY

Divorce & Domestic Violence
Public & Private Law – Children

Legal500 LEADING JUNIOR UNITED KINGDOM 2027

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Elizabeth has appeared in the following noteworthy, reported cases: Council of North Tyneside v S & Ors [20007] EWHC 393(Fam), X (Factitious Disorder) [2021] EWFC 46.

Elizabeth is the FLBA regional chair for the Newcastle and Teesside area and is also active in the local family justice board

NOTABLE CASES

Council of North Tyneside v S & Ors [20007] EWHC 393(Fam)

X (Factitious Disorder) [2021] EWFC

Recommendations and client feedback

The Legal 500 2027 – Leading Junior

The Legal 500 2026

‘Elizabeth is a very experienced barrister who is great to work alongside.’

The Legal 500 2025

‘She is a formidable advocate, fearless and exercises good judgement.’

The Legal 500 2023 & 2024

'A formidable advocate who is fearless in progressing a client's case. She provides down to earth, no-nonsense advice, is tenacious and builds good rapport with even the most difficult clients.'

The Legal 500 2021/2022

‘Liz is a tenacious, no nonsense barrister. She is also fearless and will do all she can to advance a client’s case. She is extremely good with vulnerable and/or challenging parents. She is frank in sharing strengths and weaknesses in a case during conference with client and will set out expectations to lay client.’